

# TESTING STRUCTURE UPDATES



## U.S. Figure Skating Tests

<b>SKATING SKILLS</b>	<b>SINGLES</b>	<b>PATTERN DANCE</b> <i>Partnered – Lead or Follow Solo – Lead or Follow</i>	<b>FREE DANCE</b> <i>Partnered or Solo</i>	<b>PAIRS</b>
Pre-preliminary	Pre-preliminary			
Preliminary	Preliminary	Preliminary		
Pre-Bronze	Pre-Bronze	Pre-Bronze		
Bronze	Bronze	Bronze	Bronze	Bronze
Pre-Silver	Pre-Silver	Pre-Silver	Pre-Silver	Pre-Silver
Silver	Silver	Silver	Silver	Silver
Pre-Gold	Pre-Gold	Pre-Gold	Pre-Gold	Pre-Gold
Gold	Gold	Gold	Gold	Gold
		International		

All tests offer an equivalent Skate United test for athletes that have physical disabilities. In the pattern dance track, there are four categories. Athletes may choose which track they prefer. Lead steps are those that have traditionally been skated by the male partner; follow steps are those that have traditionally been skated by the female partner.

## U.S. Figure Skating Adult Tests

<b>ADULT SKATING SKILLS</b> <i>21+ or 50+</i>	<b>ADULT SINGLES</b> <i>21+ or 50+</i>	<b>ADULT PATTERN DANCE</b> <i>Partnered – Lead or Follow Solo – Lead or Follow; 21+ or 50+</i>	<b>ADULT FREE DANCE</b> <i>21+ or 50+</i>	<b>ADULT SOLO FREE DANCE</b> <i>21+ or 50+</i>	<b>ADULT PAIRS</b>
Pre-Bronze	Pre-Bronze	Preliminary	Pre-Bronze	Juvenile	
Bronze	Bronze	Pre-Bronze	Bronze	Intermediate	Bronze
Silver	Silver	Bronze	Silver	Novice	Silver
Gold	Gold	Pre-Silver	Gold	Junior	Gold
Intermediate	Intermediate	Silver		Senior	
Novice	Novice	Pre-Gold			
Junior	Junior	Gold			
Senior	Senior	International			

Adult intermediate, novice, junior and senior tests are for adult athletes that have passed their gold tests, and challenge themselves by taking tests above that level. The skills on the intermediate-level tests are similar to those on the pre-silver tests in the standard track.

## U.S. Figure Skating Adaptive Tests

<b>ADAPTIVE SKATING SKILLS</b>	<b>ADAPTIVE SINGLES</b>
Pre-Bronze	Pre-Bronze
Bronze	Bronze
Silver	Silver
Gold	Gold

Adaptive tests are for athletes registered in any Special Olympics or adaptive skating program.